

Upcoming Events

10/8 6:15 pm Board Meeting at Carol Friedman's home

10/2 7:00 pm Erev Rosh HaShanah Services on the patio of our Chavurah House

10/3 10:00 am Rosh HaShanah Services on the patio of our Chavurah House

10/11 7:00 pm Kol Nidre Services on the patio of our Chavurah House

10/12 10 am Yom Kippur Services on the patio of our Chavurah House

The High Holidays Schedule is posted on page 3

10/19 9:00 am Sukkah Building on the patio of our Chavurah House Followed by a potluck dinner at 6:00 pm

10/25 7:00 pm Simchat Torah Services on the patio of our Chavurah House

The Maggid



OCTOBER 202

p 0 BOX 3752 MERCED CA 95344 Notes from our Rabbi

CONGREGATION ETZ CHAIM

Preparing for the High Holy Days is Like Preparing for Your Funeral

I hope the title caught your interest. Yes, the High Holy Days or Yamim Ha-nohrah-im (literally "the Days of Awe") are, in a way, about preparing for your funeral. We are reminded about this with the numerous references to the book of life as well as by the haunting prayer, the *Unetaneh Tokef,* which asks us to reflect on the possibility that these High Holy Days may be our last. "On Rosh Hashanah it is written, on Yom Kippur it is sealed: how many shall pass on, how many shall come to be, who shall live and who shall die…"

The imagery of these days is that of a trial. On Rosh Hashanah, we praise God as King (or "ruler" in gender neutral terms) far more often than at other services. God is seated on the throne of judgment, and we are on trial for our lives. A preliminary decision is rendered on that day, but final appeals and sentencing are suspended for 10 days during which "repentance, prayer and charity temper the severity of the judgment." If you were indeed on trial for your life, if you were indeed facing your own death, how would you prepare?

Traditionally, the days leading up to these High Holy Days should be filled with introspection. "Whom have I hurt? Where have I gone wrong? How can I apologize? How can I make things better?" This is the time to make lists, call the people that are important in your life and break out the tissues.

More often than I'd like, I'm called upon to help families prepare for funerals. Sometimes, I'm given the privilege of calling upon someone on their death bed. Whatever the circumstances, at these times I hear a lot about the loves in their life, dreams fulfilled and unfulfilled, and the funny, wonderful things that make up relationships. Too often, I hear the ache of "if only we'd had more time," "if only I'd said," "if only I'd done."

Well guess what? You have the time. Now. Today. Your funeral is coming; only God knows when -- but we all know that it's coming; statistically speaking, the death rate is 100%. If you take seriously the work of the High Holy Days, I can promise you that you will have a more meaningful experience in early October as we once again gather to read the words and chant the melodies. But far more importantly, I can promise that you will create some beautiful chapters in your own book of life and ensure that your memory will be a blessing to those who care about you.

NOTES FROM OUR PRESIDENT

Shana Tovah/Gut Yom Tov/Happy New Year, everyone!

Thank goodness fall is finally here, and the temperature outside is becoming more pleasant. This is just in the nick of time, too, since we expect to hold Rosh Hashanah services outdoors on the evening of October 2nd as well as 10am the following morning. With any luck, we might have a nice breeze to carry the sound of the shofar and help us usher in the New Year.

Speaking of shofar, this year's Yom Kippur lesson on Saturday, October 12th, by Rabbi Lotker will be all about the shofar! His description of the lesson follows below. You are invited to bring your own shofar(s) to the lesson if you have one. Following a day of Yom Kippur services and reflections of our actions, our Break-the-Fast Potluck will begin after Havdallah and Kiddush at 7:30pm. Even if you cannot join in all services Saturday – even if you do not fast – you are invited to join in the potluck. This is a guilt-free congregation. The detailed schedule of the High Holy Days is on the following page. Come to the services that you can attend and celebrate the holiday with us.

October is such a busy month of introspection and celebration, with Rosh Hashanah, Yom Kippur, Sukkoth, and Simchat Torah following in quick weekly succession. Our Sukkoth potluck, celebrating the fall harvest and commemorating the Israelites' 40 days in the wilderness, will be Saturday, October 19th. Just one week later, we will sing and dance out hearts out in joy during our services for Simchat Torah – "Rejoicing of the Torah" – on Friday, October 25th. The more people we have together to celebrate the conclusion of yearly reading cycle of the Torah, the more raucous our celebration can be!

What a month this will be!

B'Shalom, Belinda Braunstein President

More Than Everything You Ever Wanted to Know About the Shofar

Rabbi Michael Lotker

Do you know why we sound the Shofar on Rosh Hashanah? Rabbi Sa'adiah Gaon, who lived more than a thousand years ago in Egypt, gave us 10 specific reasons, and I bet you haven't heard nine of them. Do you know that our sounding the Tikiah G'dolah on Yom Kippur is actually not called for 98% of the time? Do you know the reasons for the specific sounds that we make on the shofar? Do you know what the rules are to have a kosher shofar? Do you know how the Kabbalists/mystics understand the role of the shofar? Do you know what the mitzvah of shofar really is? Would you like to try sounding a shofar?

Please plan to come to our shofar study session on Yom Kippur afternoon (Oct.
12th) at 4 PM to study with us, and BYOS (bring your own shofar) if you have one.

High Holy Days Services 2024/5785

Congregation Etz Chaim

Chavurah House

on Parsons Ave, Merced Services will also be transmitted via ZOOM

LED BY RABBI MICHAEL LOTKER

ROSH HASHANAH

WEDNESDAY OCTOBER 2

10:00 a.m.

7:00 p.m.

7:00 p.m.

THURSDAY OCTOBER 3 . Morning Torah Service followed by a Tashlich Service on the Bridge at Rahilly Park

Kol Nidre Service

Evening Service

YOM KIPPUR

FRIDAY OCTOBER 11

SATURDAY OCTOBER 12

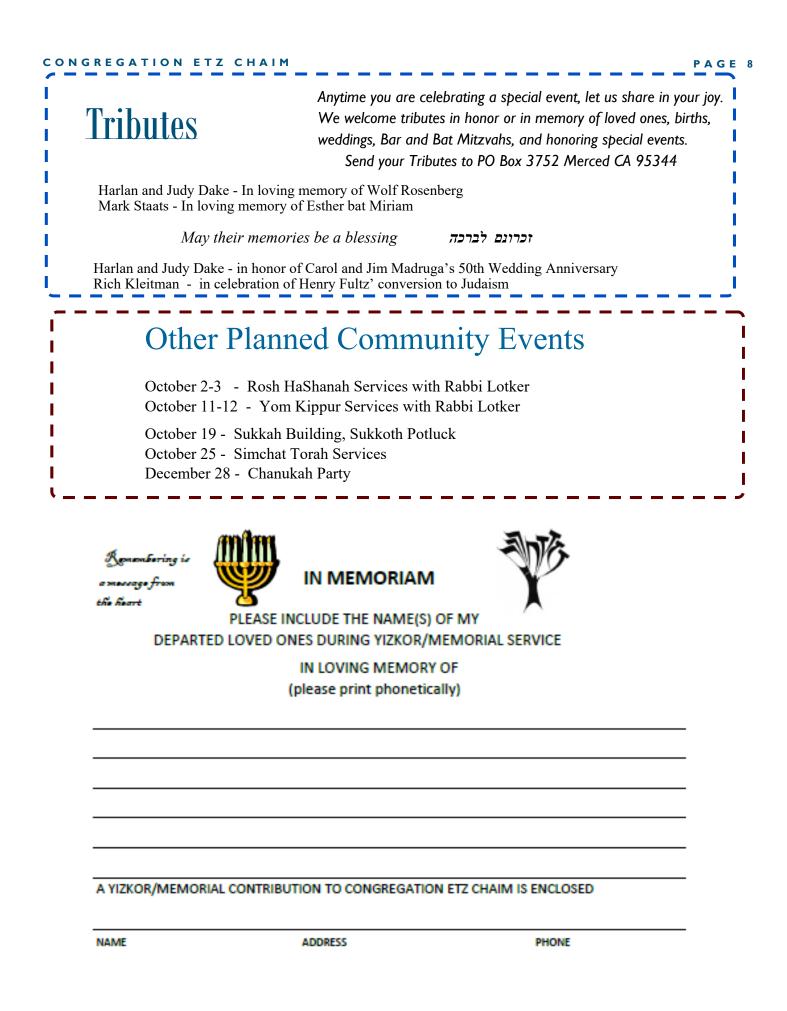
- 10:00 a.m.Morning Torah Service1:00 p.m.Healing Service2:00 p.m.Open Discussion4:00 p.m.Lesson5:30 p.m.Yizkor (Memorial Service)6:30 p.m.Neila (Closing Service)7:30 p.m.Havdalah, Kiddush and
Break-the-Fast Potluck
- It is traditional at this time of year to make donations in memory of loved ones. Please fill out a **Yizkor Card**. You may mail your card and donation to P.O. Box 3752, Merced 95344-3752 or give to Rachel Hadley or Belinda Braunstein no later than Kol Nidre. Other donations will also be gratefully accepted throughout the High Holy Days.

** Please contact Greg Friedman for ZOOM link information

*** For our **Break-the-Fast**, please bring a main dish, and either a side dish or dessert - enough to feed your group heartily (these people will be hungry!)

• Tzedakah (food or clothing) for the less privileged in our community is welcome at any service





Supper in the Sukkah

Please join us on the patio of our Chavurah House Saturday, October 19th at 9:00 am as we assemble and decorate our annual community Sukkah

> And then return at 6:00 pm with your potluck delight so we may feast together in the glow of our beautiful Sukkah

Please RSVP for the potluck to Rachel at: rhadleyfam@gmail.com so we can set up enough tables and chairs to accommodate the number of people who will be coming

Simchat Torah Please join us on the patio of our Chavurah House Friday, October 25th at 7:00 pm as we gather to rejoice in the Torah with Services, singing and dancing

HIGH HOLIDAYS WORD SEARCH

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Ν	L	R	Ι	Т	Е	Ν	Т	Ι	Ν	Е	Ρ	Е	0	0
Α	R	G	Н	Y	W	Ι	S	Α	Ν	R	S	R	J	Ι
Н	U	Ι	Α	Е	Y	Т	Н	D	Ρ	Н	Т	Н	U	Е
L	Ρ	v	L	Ν	Е	S	0	Ν	U	С	Ρ	S	D	F
Е	Ρ	Е	L	0	Α	Α	F	v	R	F	Т	Ι	G	Ι
Т	Ι	Ν	Α	Н	R	F	Α	Ι	Ι	Е	Ν	Т	Е	L
Т	К	Е	Н	М	R	Н	R	D	Т	Α	Е	J	М	F
Ι	М	S	С	Ν	Ν	Е	F	D	Y	S	М	R	Е	0
К	0	S	Ι	Ν	S	Ν	Н	U	Е	Т	Е	Κ	Ν	К
R	Y	Ι	Ζ	Κ	0	R	0	Ι	С	Ι	Ν	Е	Т	0
0	0	С	Ν	0	Ι	S	S	Е	F	Ν	0	С	R	0
F	Ι	Е	R	D	Ι	Ν	L	0	К	G	Т	F	L	В
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APPLES	KOL NIDREI
ATONEMENT	NEW YEAR
BOOK OF LIFE	PURITY
CHALLAH	ROSH HASHANAH
CONFESSION	SHOFAR
FASTING	SEALED
FEASTING	SINS
FORGIVENESS	TASHLICH
HONEY	TESHUVAH
JONAH	TISHREI
JUDGEMENT	VIDDUI
KITTEL	YIZKOR

YOM KIPPUR

Welcome to our Puzzle Page Sudoku This one is a bit harder than normal, to give us something to help keep our minds off eating on Yom Kippur

7							6	5
	1		8			9		
			2					
					3	4		
		1			6		7	
	3			9			5	
							3	
9					1			8
6			7	5				9

Our Fiscal Year is July - June

\$500.00 per Year per Family Unit Please mail your 2024/2025 Dues payment to: Congregation Etz Chaim P O Box 3752 Merced CA 95344

For those who prefer, we do accept monthly Dues payments year round

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